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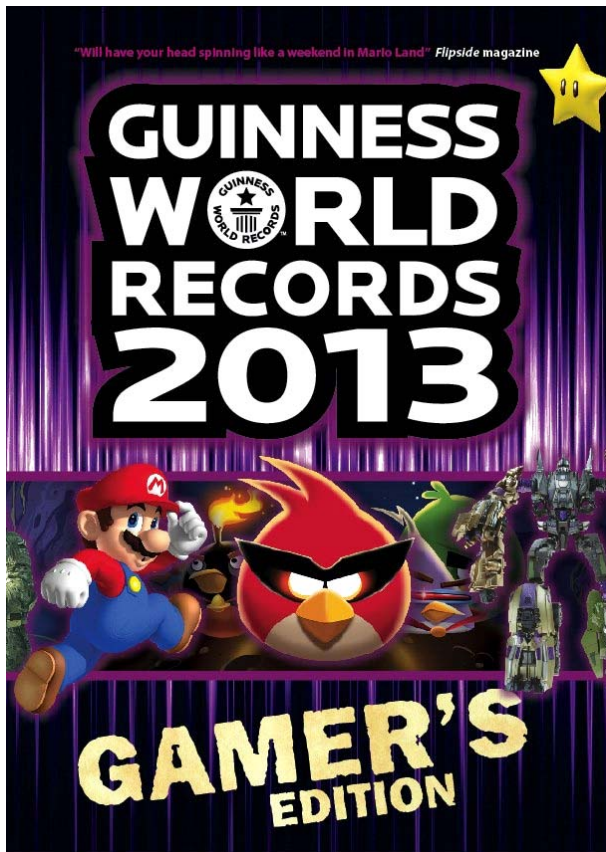
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**End Sell-In: 16/11/2012 • In-Store Date: 27/12/2012 • Publicity Embargo: 30/12/2012**

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## Guinness Gamer's Edition 2013

*Guinness World Records*



The 'Guinness World Records Gamer's Edition' is the ultimate and complete guide to videogames. The brand new 2013 edition is packed full of the most up-to-date news, achievements and developments in the gaming world, illustrated with the best and most exciting imagery from this year's top titles. Complete with fascinating facts and figures and full features on the most popular games, the 2013 edition also includes gameplay tips and hints, retro facts from classic games and the results of our reader's poll on the top 50 most visually stunning games.

Videogame characters battle against each other within the pages of the book with our new Face-off feature, while an interactive story feature and a videogaming quiz offer readers a unique way to interact with the book.

The Author



ISBN-13	9781904994947	Bind	P/B	Height   Width	262	188
ISBN-10		Format	Other	Extent	216 page/s	
\$ARP	\$22.99	Category	Hobbies, Quizzes, Games			
Pub Date	01/01/13	Illustrations				



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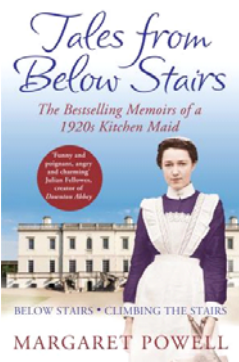
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**Tales from Below Stairs\***

Powell, Margaret



As a kitchen maid, she entered an entirely new world; one of stoves to be blacked, vegetables to be scrubbed, mistresses to be appeased, and even bootlaces to be ironed. Work started at 5.30am and went on until after dark. It was a far cry from her childhood on the beaches of Hove, where money and food were scarce, but warmth and laughter never were. Yet from the gentleman with a penchant for stroking the housemaids' curlers, to raucous tea-dances with errand boys, to the heartbreaking story of Agnes the pregnant under-parlourmaid, fired for being seduced by her mistress' nephew, Margaret's tales of her time in service are told with wit, warmth, and a sharp eye for the prejudices of her situation. This is bind-up of 'Below Stairs' and 'Climbing the Stairs'.

Sidgwick & Jackson • TPB • Biography: General

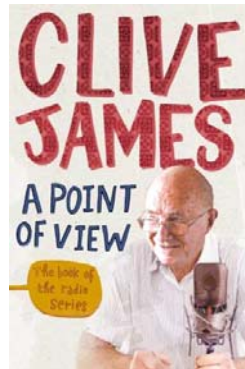


9781447211839 \$29.99



**Point of View, A**

James, Clive



The BBC Radio 4 series, "A Point of View", has been on the air since 2007. Over the years, it's had a variety of presenters - including the national treasure that is Clive James - talking for ten minutes about anything and everything that has captured their imagination, piqued their interest, raised their blood pressure or just downright incensed them that week. Of all the presenters, Clive James was a clear favourite, and now, for the first time, his original pieces - sixty in total - and all new postscripts are collected together in one volume. Read along with Clive as he reflects on everything from wheelie bins to plastic surgery, Elizabeth Hurley to the Olympics, 24 to Damien Hirst, Harry Potter to giving up smoking, car parks to Chinese elections, "Britain's Got Talent" to the expenses scandal - and plenty more besides.

Picador • P/B (B) • Biography: General

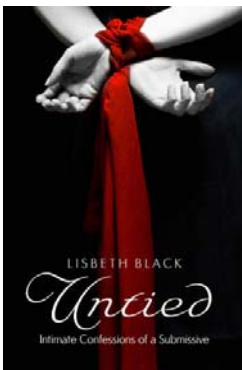


9780330534390 \$24.99



**Untied**

Black, Lisbeth and Rose, Alexa



After yet another disastrous date, this time with a man who cried in bed, all Lisbeth wanted was a partner who was sure of himself, confident. Dominant, even. And that's what she found in the handsome, mysterious D. Their highly-charged relationship opened up her world, teaching her about dominance and submission, and pleasure she could never have imagined. Her friend Alexa, restless after dating several high flyers who bored her with their lack of imagination, is on her own journey. With her bohemian outlook on life and hedonistic streak, she is finally ready to confront her true desires with the charismatic Jack - the sexiest man she's ever seen.

Pan • P/B (B) • Biography: General

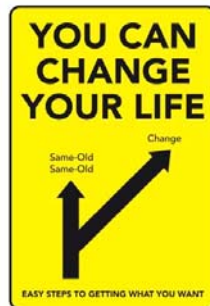


9781447233756 \$19.99



**You Can Change Your Life**

Yeung, Rob



Looking to make a positive change in your life? Maybe you've read a few self-help books and think you know what you need to do - maybe some positive thinking, making a resolution or simply wishing for happiness? Well, here's some news: none of this is going to help; you simply don't get things in life just by wishing for them. In 'You Can Change Your Life' top psychologist Rob Yeung investigates ways of making change stick. He offers the most up-to-date thinking on the skills, beliefs and methods that will help you to change your life. Rooted in evidence-based research and based on proven strategies and treatments, Rob offers a new perspective and new techniques to enable you to transform your life, or simply work out what's stopping you from achieving your goals.

Macmillan • P/B • Self-Help / Practical Interests

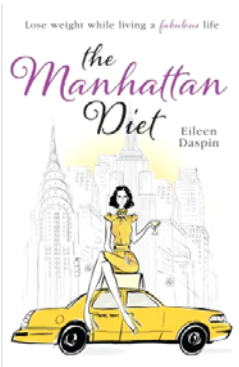


9780230763821 \$22.99



**Manhattan Diet, The\***

Daspin, Eileen



How do Manhattan women remain so stunningly svelte, despite the fact that New York has more top restaurants than any other city on the planet, not to mention a bagel bar or pizzeria on nearly every corner? They eat out often, indulge in all types of cuisine and even sneak in junk food, but manage to stay trim and toned nonetheless. So what's their secret?

Now you can learn to eat, lose weight and live your life the way chic New Yorkers do - and enjoy the same fabulous results. Manhattan insider Eileen Daspin reveals what real New York women - including celebrities like Sarah Jessica Parker, Anna Wintour and Tina Fey - really think about dieting and how they shop for food, cook, order in restaurants, eat, cheat, and splurge.

Quercus • P/B (B) • Fitness & Diet

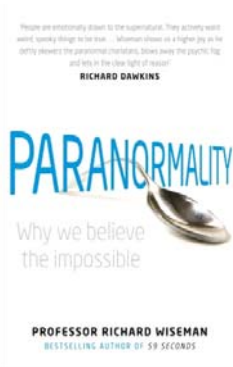


9781782061687 \$19.99



**Paranormality**

Wiseman, Richard



Professor Richard Wiseman is clear about one thing: paranormal phenomena don't exist. But in the same way that the science of space travel transforms our everyday lives, so research into telepathy, fortune-telling and out-of-body experiences produces remarkable insights into our brains, behaviour and beliefs.

'Paranormality' embarks on a wild ghost chase into this new science of the supernatural and is packed with activities that allow you to experience the impossible. So throw away your crystals, ditch your lucky charms and cancel your subscription to "Reincarnation Weekly". It is time to discover the real secrets of the paranormal.

Pan • P/B (B) • Popular Science

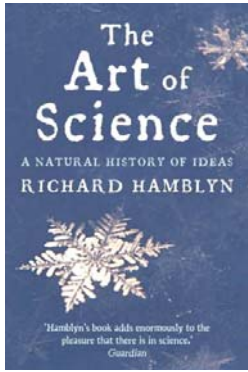


9781447208167 \$19.99



### Art of Science, The

Hamblyn, Richard



Science is about discovery, a journey towards knowledge.

With authors as diverse as Galileo and Lewis Carroll, the extracts featured in this anthology span centuries and continents; they include startling revelations that changed the way we think and tackle more prosaic questions such as why the sea is salty; they consider the natural beauty of the snowflake and the man-made wonder of the first computer. What links them all is a desire to understand, explain and enrich the world, and the ability to communicate this in original, clear and engaging prose.

Picador • P/B (B) • Popular Science

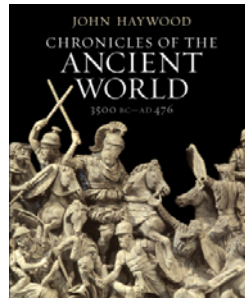


9780330490764 \$22.99



### Chronicles of the Ancient World\*

Haywood, John



The great civilizations of the distant past never cease to amaze us with their spectacular achievements - their ideas, writings and works of art still speak to us with an amazing freshness of imagination and workmanship.

This book paints a vivid, multi-faceted portrait of the achievements of those civilizations set within their historical context, with a global reach that includes ancient Mesopotamia, Egypt, Greece, and Rome.

'Chronicles of the Ancient World' combines detailed commentary with over 170 stunning images to create a beautiful guide to the spiritual, cultural, technological and artistic innovation of these complex and fascinating societies.

Quercus • H/B • History



9781780873213 \$39.99



### Gaining the Competitive Edge in Life and Business

Ayles, Martin



We can all become a little 'stuck' at times, in life and in business, and need some help to feel re-enthused. 'Gaining the Competitive Edge in Business and Life' is the reality check necessary to reassess where you are and where you are going.

'Gaining the Competitive Edge in Business and Life' features chapters on Responsibility, Action, Sacrifice, Discipline and Time Management.

Follow these principles and live a successful life with integrity and inspiration.

Brolga • P/B • Careers & Success

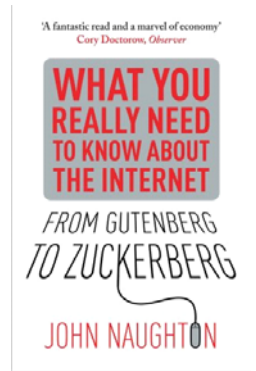


9781922036667 \$24.99



### From Gutenberg to Zuckerberg

Naughton, John



Our society has gone through a weird, unremarked transition: once a novelty, the Net is now something that we take for granted, like mains electricity or running water. In the process we've been surprisingly incurious about its significance or cultural implications. How has our society become dependent on a utility that it doesn't really understand?

John Naughton has distilled the noisy chatter surrounding the internet's relentless evolution into nine clear-sighted areas of understanding. In doing so he affords everyone the requisite knowledge to make better use of the technologies and networks around us, as well as highlighting some of their more disturbing implications.

Quercus • P/B (B) • Media, Info, Communication Industries

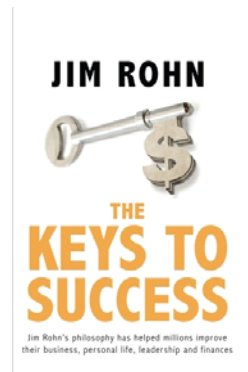


9780857384263 \$19.99



### Keys to Success, The

Rohn, Jim



Delve into Jim Rohn's new inspirational book on how to make your whole life a success.

Start by developing:

- your mind

- the power of words
- business success
- family
- time management
- your worth in the market place of life
- goal setting

Brolga • P/B • Careers & Success

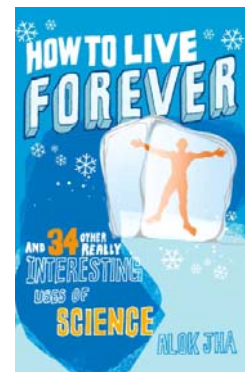


9781922036728 \$22.95



### How To Live Forever...

Jha, Alok



- How can you live forever?
- What does it take to create life?
- How can we find other universes?
- Will we ever talk to aliens?
- What do you need to build a brain?

'How to Live Forever' is the essential survival guide for anyone who has ever been baffled by science. Embarking on a journey from the very small to the very big, readers will be taken on a glorious tour of the universe, taking in cloned sheep, alien worlds, bizarre life forms, quantum weirdness, parallel dimensions and dissected brains along the way.

Quercus • P/B (B) • Popular Science



9780857388353 \$16.99



### Venturing into No Man's Land

Ramsland, John



"A flash blinds me... We are lost in a chaos of flying mud... Smoke, filth, confusion, racket! I spit and splutter and swear... Oh Christ! I think I'm flamin' well dead."

This is the compelling story of Lieutenant Joseph 'Darkie' Maxwell DCM, MC and Bar, VC - the second highest decorated Australian soldier of the First World War.

Meticulously researched by historian John Ramsland, Maxwell's colourful life is traced from his childhood on the Hunter coalfields until his death at age 71 in a soldier's settlement home in Matraville Sydney.

Brolga • P/B • True War & Combat Stories

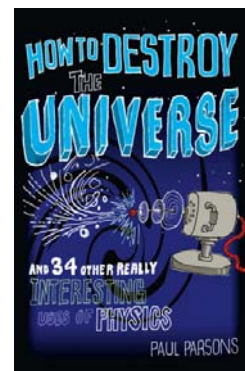


9781922036636 \$26.99



### How To Destroy The Universe...

Parsons, Paul



If you thought physics was all about measuring the temperature of ice in a bucket or trying to fathom what E=mc2 means, think again. In a series of intriguing, entertaining and often extraordinary scenarios, 'How to Destroy the Universe' brings to life 35 key physics ideas in a way that anyone can understand.

Read this book and you'll find out how to save the planet from energy shortages by mining the vacuum of empty space, engineer the Earth's climate to reverse the effects of global warming and fend off killer asteroids. You'll learn essential survival skills such as how to live through a lightning strike, how to tough it out during an earthquake and how to fall into a black hole without being turned into spaghetti.

Quercus • P/B (B) • Popular Science



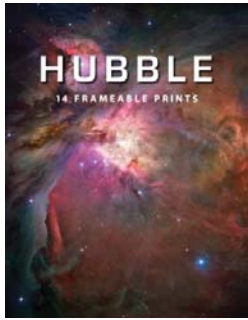
9780857388377 \$16.99



### Hubble: The Print Collection

Quercus

Ideal for children and adults alike, 'Hubble: The Print Collection' showcases some of the most beautiful and dramatic pictures taken by the Hubble Space Telescope.



These cosmic images reveal galaxies, nebulae and planets from our Solar System in spectacular detail. Every picture is presented in a large poster which is accompanied by accessible information - including the birth and death of stars, the dynamics of galaxies and the mysteries of dark matter. Easy to pull out and keep, each individual poster is stunning, educational and ready to put on your wall.

Quercus • P/B • Astronomy, Space, Time



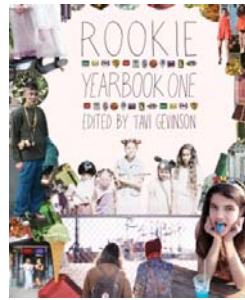
9781848661776 \$29.99



### Rookie Yearbook One

Gevinson, Tavi

The first print publication edited by Tavi Gevinson, the editor in chief of Rookie, the website for teenage girls



Tavi Gevinson started her personal blog, Style Rookie (<http://www.thestylerookie.com>), in 2008, when she was eleven years old. It was a place where, from the confines of her bedroom in the suburbs, she could write about personal style and chronicle the development of her own. Within two years, the blog was averaging fifty thousand hits per day. Soon fashion designers were flying her around the world to attend and write about fashion shows, and to be a guest of honour at their parties.

St Martin's Press • P/B • Popular Culture



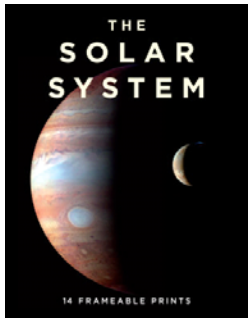
9781770461123 \$34.99



### Solar System: The Print Collection

Quercus

Ideal for children and adults alike, 'Solar System: The Print Collection' reveals the most interesting and mysterious parts of the planets closest to us. The unique features of every planet - including Saturn's rings, Jupiter's red spot, the Sun's burning surface - are vividly illustrated in large, detailed posters, accompanied by accessible information on the planet, its climate, orbit and position in space.



Easy to pull out and keep, each individual poster is stunning, educational and ready to put on your wall.

Quercus • P/B • Astronomy, Space, Time



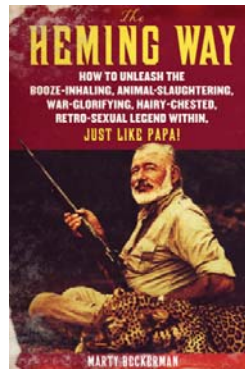
9781782061236 \$29.99



### Hemingway, The

Beckerman, Marty

Marty Beckerman's hilarious guide for the modern man to booze, battle, and bull-fight his way to becoming more like Hemingway. More than fifty years have passed since the death of Ernest Hemingway, history's ultimate man, and young males today - obsessed with Facebook, Twitter, and Playstation - know nothing about his legendary brand of rugged, alcoholic masculinity. They cannot skin a fish, dominate a battlefield, or transform majestic creatures of the Southern Hemisphere into piano keyboards. 'The Heming Way' demonstrates how modern eunuchs - brainwashed by PETA and Alcoholics Anonymous - can learn from Papa's unparalleled example: drunken, unshaven, meat-devouring, wife-divorcing, and gloriously self-destructive.



\*Available December

Griffin • P/B (B) • Humour



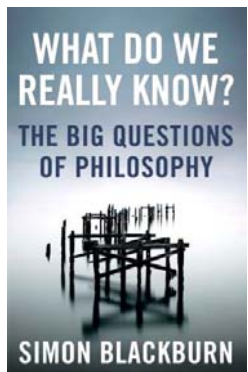
9781250010605 \$14.99



### What Do We Really Know?

Blackburn, Simon

In 'What Do We Really Know?' Simon Blackburn addresses the twenty most-asked philosophical questions, including 'Can machines think?', 'What is the meaning of life?', 'Is death to be feared?', 'Why be good?', 'What am I?' and 'What do we really know?'



Each 3000-word essay examines a question that has eternally perplexed enquiring minds, and provides answers from history's great thinkers.

Quercus • P/B (B) • Philosophy



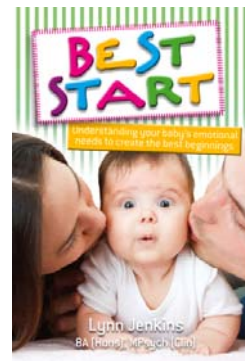
9781780875873 \$19.99



### Best Start

Jenkins, Lynn

It is now realised that a baby's early experiences and interactions provide them with the beginnings of their self-beliefs, thoughts and feelings; their self-esteem and self-value; how they operate in relationships; how they behave socially; and their sense of emotional security. In 'Best Start', psychologist Lynn Jenkins looks at how a person's emotional foundations are formed in babyhood and the power that these foundations have over the way in which the child develops.



Exisle • P/B (B) • Advice On Parenting



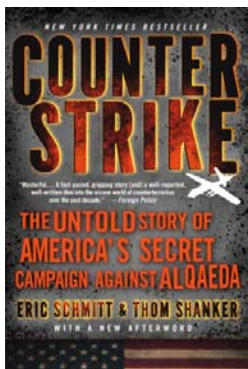
9781921497896 \$9.99



### Counterstrike

Schmitt, Eric and Shanker, Thom

In 'Counterstrike', Eric Schmitt and Thom Shanker of the "New York Times" take readers into a previously hidden theater of war, as U.S. ground troops, intelligence operatives, and top executive branch officials have fashioned effective new strategies to fight terrorism, in sharp contrast to the cowboy slogans that once characterized the U.S. government's public posture. They show how these innovative strategies, drawn from classic Cold War deterrence theory, were employed in the dramatic raid in which Osama bin Laden was killed, and in a new afterword the authors point to the ongoing challenges and successes facing America in the Middle East, in cyberspace, and at home.



Griffin • P/B (B) • True War & Combat Stories



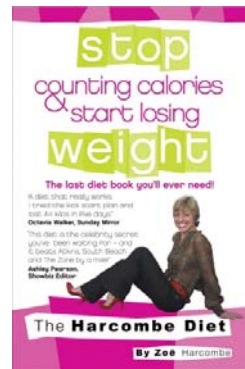
9781250012197 \$19.99



### Stop Counting Calories and Start Losing Weight

Harcombe, Zoe

The Harcombe Diet is the result of 20 years of research trying to answer the question "Why on earth do we have an obesity problem, let alone an epidemic, when we want more than anything else in the world to be slim?" This research has led dietician and author Zoë Harcombe to several discoveries:



- The calorie theory (eating less = weightloss) is fundamentally wrong

- The current diet advice is actually the cause of the obesity epidemic. A better public health message to embed in people's minds is Eat Real Food

- The only way to lose weight is to work with your body, never against it

Exisle • TPB • Fitness & Diet



9781921497520 \$7.50



## Healthy Family, Happy Family

Fischer, Karen



This is the one-stop food manual for parents. With just a few simple rules to follow, any parent, no matter how busy and stressed they may be, can provide healthy food for their family day after day, and have more time left over, not less. 'Healthy Family, Happy Family' shows you how to cook quick and delicious meals. You also prepare many of them in bulk so you don't have to cook every night. The book includes over 100 recipes as well as weekly menus and detailed shopping lists. These are the keys to saving time and money. Specialised recipes cover lunchbox options, vegetarians and vegans, gluten-free, parties and picnics. In addition, informative yet accessible text explains to parents the basics of proper nutrition and invaluable ways of 'marketing' healthy food to kids.

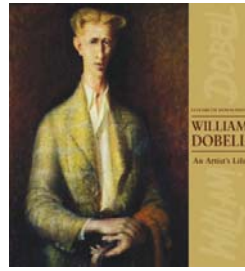
Exisle • P/B • Family / Health



9781921497445 \$12.99

## William Dobell

Donaldson, Elizabeth



This exquisitely produced book is a celebration of the life and art of William Dobell, considered to be one of Australia's greatest artists and the first to win both the Wynne Prize for landscapes and the Archibald Prize for portraiture in the same year. However, William Dobell was a quintessential Australian - more at home in the local pub with his friends than on the international art stage.

He was also no stranger to controversy, famously being sued by fellow competitors after winning the Archibald Prize in 1943. Lavishly illustrated with artworks, personal photographs and newspaper clippings, 'William Dobell: An Artist's Life' paints a compelling portrait of both the man and the artist.

Exisle • H/B • Art - General

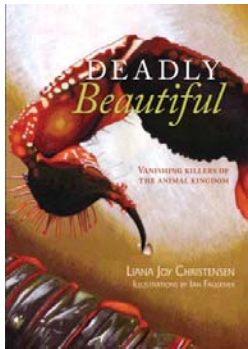


9781921497810 \$19.99

## Deadly Beautiful

Christensen, Liana Joy

Illustrator: Faulkner, Ian



Humans have always had an ambivalent relationship with deadly animals. For most people they arouse fears and even phobias, yet perhaps the real risks are not quite as large as they loom in the public imagination. 'Deadly Beautiful' offers an entertaining portrait of some of the main dangerous animal species with which humans have a love-hate relationship. Clear, up-to-date, scientifically accurate information about the natural history of these species is presented in a broadly accessible style, examining their day-to-day existence, how they have developed the weapons they possess and how they use them for defence, for hunting and for making love.

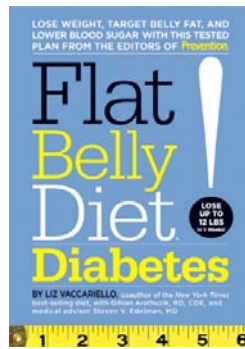
Exisle • H/B • Wild Animals



9781921497223 \$14.99

## Flat Belly Diet! Diabetes

Vaccariello, Liz



Like the instant bestseller 'Flat Belly Diet!', this new diabetes-focused plan applies the latest research proving that monounsaturated fatty acids (or MUFAs) may target stubborn belly fat - and targeting that belly fat helps treat the underlying cause of type 2 diabetes: insulin resistance. The 5-week program includes a sensible diabetes-friendly diet with no forbidden foods and a delicious "MUFA at every meal," an easy and flexible fitness routine, and simple stress reduction exercises. The book also features 160 satisfying recipes, expert advice, and insights from real people with type 2 diabetes to help readers lose weight and reverse insulin resistance.

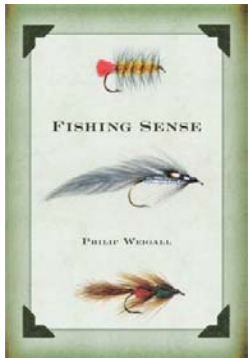
Rodale • TPB • Fitness & Diet



9781609613808 \$19.99

## Fishing Season & Fishing Sense Bindup

Weigall, Philip



A bindup of two titles: 'Fishing Season' & 'Fishing Sense'

**Fishing Season**  
'Fishing Season' is a celebration of this wonderful sport. Philip Weigall deftly captures all that makes flyfishing a passion for so many.

**Fishing Sense**  
It's a sad fact of flyfishing that there is no prescriptive manual for ensuring success. It is an activity that defies simple evaluation, with enough variables to leave even the experts scratching their heads from time to time. Acclaimed flyfishing author Philip Weigall attempts to answer this question and many more in this engaging book.

Exisle • Pack • Fishing, Hunting, Shooting



9789991209104 \$34.99

## Women's Health Big Book of Yoga, The

Budig, Kathryn



From "Women's Health" contributor and yoga expert Kathryn Budig - the essential, authoritative guide to yoga, for beginners and beyond.

Millions of people around the world now practice yoga on a regular basis. Devotees can't rave enough about this ancient art of meditation, breathing, and physical postures that calms the mind and slims the body. Unlike fitness fads, yoga is worth the hype. The postures stretch and tone lean muscle mass and sculpt a strong and slender physique - burning up to 400 calories in a 90-minute session. But yoga does something even better. It's proven to reduce the biggest cause of weight gain - stress - which 43% of Americans say makes them overeat.

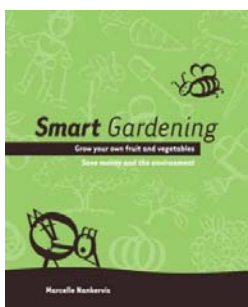
Rodale • P/B • Fitness & Diet



9781609618391 \$29.99

## Smart Gardening

Nankervis, Marcella



'Smart Gardening' is all you need for gardening success! You'll soon find that this clear and encouraging book will become your ultimate onestop reference to growing your own food. Written for the southern hemisphere, it is designed for anyone who wants to harvest their own fruit and vegetables and generally live a more sustainable life. Whether your home is in the hot tropics or the cool mountains, you'll find everything you need to know to start gardening for the future: reducing your global footprint while also saving money. The handy monthly reference guide takes the guesswork out of when to plant and when to harvest, ensuring that you receive a constant supply of fresh organic produce from your garden, no matter what its size.

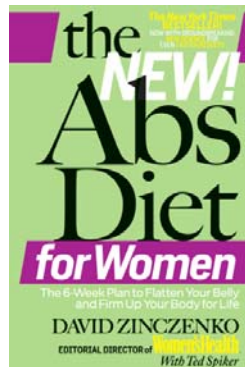
Exisle • P/B • Gardening



9781921497315 \$14.99

## New Abs Diet for Women, The

Zinczenko, David



Easy to follow, easy to stick to, and more satisfying than a great-fitting pair of jeans, 'The New Abs Diet for Women' has been retooled with groundbreaking new science for even faster results!

The "New York Times" bestseller is back, updated with 40 percent new research, groundbreaking weight-loss studies, new recipes and exercises, and new ways to use the Power 12 foods including almonds, beans, eggs, peanut butter and more for even faster weight-loss.

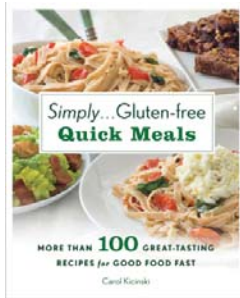
Rodale • P/B (B) • Fitness & Diet



9781609613846 \$19.99

### Simply... Gluten-free Quick Meals

Kicinski, Carol



'Simply... Gluten-free Quick Meals' makes gluten-free cooking fast and stress-free for everything from everyday suppers to holiday entertaining. This cookbook offers more than a hundred recipes that are easy to prepare-and delicious, too - for main dishes, side dishes, and desserts. Carol Kicinski covers everything you need, including whole meals for weekday dinners that can be prepared in half an hour, recipes for single dishes that can be prepared in fifteen minutes or less, breakfast and brunch menus and standalone recipes for breakfast on the go, and even recipes specific to traditional holiday meals. She also includes basic gluten-free mixes such as flour blends, biscuit and pancake mixes, and spice mixtures that can be stored and used in a variety of recipes.

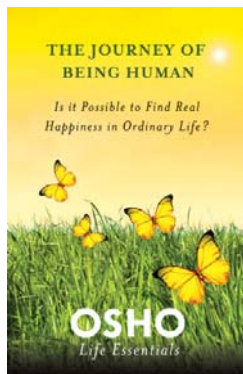
St Martin's Press • H/B • General Cooking & Recipes



9780312622077 \$34.99

### Journey of Being Human, The

Osho



Man is a bridge, says Osho, between the animal and the divine - and our awareness of this dual aspect of our nature is what makes us human. It is also what makes us restless, full of conflict, so often at the crossroads of selfishness and generosity, of love and hate, frailty and strength, hope and despair. 'The Journey of Being Human' looks into how we might embrace and accept these apparent contradictions, rather than trying to choose between them, as the key to transforming each twist and turn of life's journey into a new discovery of who we are meant to be.

Griffin • P/B (B) • Mind, Body, Spirit: Thought & Practice



9780312595470 \$17.99

### Athlete's Book of Home Remedies, The

Metzl M.D., Jordan



Identify, treat, and - most important - prevent common debilitating sports injuries and medical conditions. Whether you're a hardcore competitor or a weekend warrior, this book belongs on your shelf. 'The Athletes Book of Home Remedies' is your go-to resource for safe, effective, do-it-yourself treatments whether you have a strain, sprain, or pain that you've never felt before.

When you get hurt, you have fears. You have questions. Ice or heat? Should I see a doctor? Will I need surgery? This book answers those questions and allays those fears. Dr. Jordan Metzl, one of the nation's leading sports medicine physicians, breaks down all the information into easy-to-follow strategies for effective self-treatment.

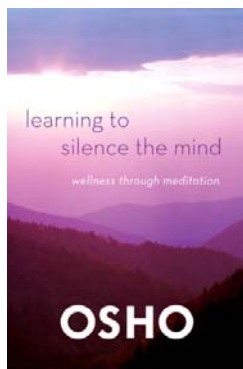
Rodale • P/B • Popular Medicine



9781609612344 \$29.99

### Learning to Silence the Mind

Osho



The mind, says Osho, has the potential to be enormously creative in dealing with the challenges of everyday life, and the problems of the world in which we live. The difficulty, however, is that instead of using the mind as a helpful servant we have largely allowed it to become the master of our lives. Its ambitions, belief systems, and interpretations rule our days and our nights - bringing us into conflict with minds that are different from ours, keeping us awake at night rehashing those conflicts or planning the conflicts of tomorrow, and disturbing our sleep and our dreams. If only there was a way to switch it off and give it a rest! Finding the switch that can silence the mind - not by force or performing some exotic ritual, but through understanding, watchfulness, and a healthy sense of humor - is meditation.

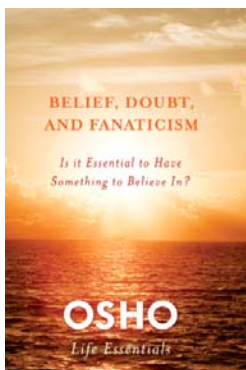
Griffin • P/B (B) • Mind, Body, Spirit: Thought & Practice



9781250006226 \$17.99

### Belief, Doubt and Fanaticism

Osho



In 'Belief, Doubt, and Fanaticism', Osho brings his unique and often surprising perspective to the religious, political, social and economic forces that drive people into opposing camps, fanatical groups, and belief systems that depend on seeing every "other" as the "enemy." As always, the focus is first and foremost on the individual psyche and consciousness, to identify the root causes and hidden demons of our human need to belong and have something to "believe in."

The Osho "Life Essentials" series focuses on the most important questions in the life of the individual. Each volume contains timeless and always-contemporary investigations and discussions into questions vital to our personal search for meaning and purpose.

Griffin • P/B (B) • Mind, Body, Spirit: Thought & Practice



9780312595487 \$17.99

### Florence + The Machine

Howe, Zoe



Tells the story of her upbringing in South London where Welch was confronted with death, witnessing her grandfather's deterioration along with her grandmother's suicide (something which has influenced her songwriting greatly) to her thrilling rise to international fame as a singer and also a highly individual fashion icon.

Documents how much of the material on debut album Lungs was written as reaction to what turned out to be a temporary break-up with Welch's current boyfriend. Her collaborations and working relationships with Chanel Creative Director Karl Lagerfeld, her manager Mairead Nash and her friend Isabella Summers who to this day forms part of 'the Machine'.

\*Available December

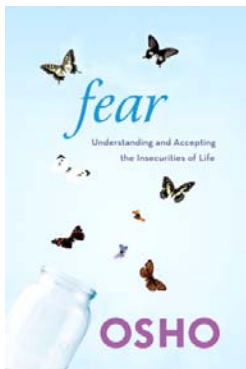
Omnibus Press • TPB • Music



9781780385136 \$29.95

### Fear

Osho



In 'Fear: Understanding and Accepting the Insecurities of Life', Osho takes the reader step by step over the range of what makes human beings afraid - from the reflexive "fight or flight" response to physical danger to the rational and irrational fears of the mind and its psychology. Only by bringing the light of understanding into fear's dark corners, he says, airing out closets and opening windows, and looking under the bed to see if a monster is really living there, can we begin to venture outside the boundaries of our comfort zone and learn to live with, and even enjoy, the fundamental insecurity of being alive.

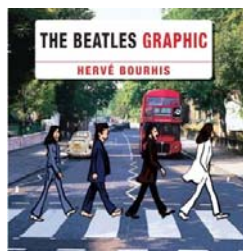
Griffin • P/B (B) • Mind, Body, Spirit: Thought & Practice



9781250006233 \$17.99

### Beatles Graphic, The

Bourhis, Herve



Hervé Bourhis, creator of 'The Little Book of Rock', turns his unique graphic talents to the legend of The Beatles, told from the very beginning. Bourhis' visual imagination illuminates the individual lives of each band member from their pre-Beatles youth to what would become a rock band of phenomenal worldwide fame.

All of the epic details of their story are vividly evoked: the triumphs, the quarrels, the supreme musical creativity and of course the inevitable break-up. The story then goes on to follow the personal destinies of John, Paul, George and Ringo, four Liverpool lads who were by turns ambitious, clever, facetious, arrogant, down-to-earth and supremely talented.

\*Available December

Omnibus Press • P/B • Music

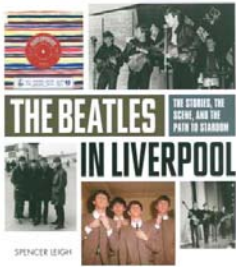


9781780381565 \$29.95

### Beatles in Liverpool, The

Leigh, Spencer

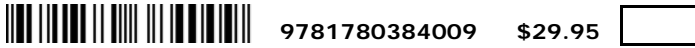
A companion title to 'The Beatles in Hamburg', this is the first definitive, fully illustrated account of the formative years of the world's most influential rock 'n' roll band. Features exclusive interviews with Pete Best (Beatles drummer), Cynthia Lennon (John Lennon's first wife), Julian Lennon (John Lennon's son), as well as fellow musicians, promoters, club managers, audience members, fans, friends and family.



Includes numerous anecdotes about the Beatles, many of them told here for the first time as well as fresh stories about their time in the Cavern.

\*Available December

Omnibus Press • H/B • Music



9781780384009 \$29.95

### Performance: A Biography of a 60s Masterpiece

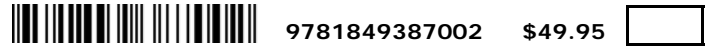
Buck, Paul

Released in 1970, 'Performance' starred James Fox, Mick Jagger and Anita Pallenberg. Chas, a violent and psychotic East London gangster needs a place to lie low after a hit that should never have been carried out. He finds the perfect cover in the form of guest house run by the mysterious Mr Turner, a one-time rock superstar, who is looking for the right spark to rekindle his faded talent.



This is a thorough analysis of the making of the film featuring original interviews with those involved.

Omnibus Press • H/B • Music

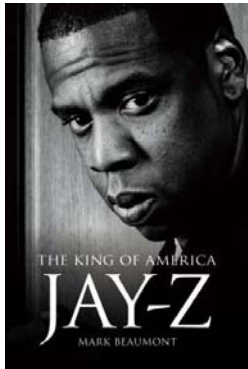


9781849387002 \$49.95

### Jay Z: The King of America

Beaumont, Mark

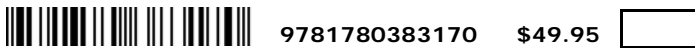
Jay Z is one of the most successful hip hop artists, record producers and entrepreneurs in the world, having sold more than 50 million albums worldwide and won 14 Grammy Awards. He is consistently ranked as one of the greatest rappers of all-time and two of his albums, Reasonable Doubt (1996) and The Black Album (2001) are considered landmarks in the genre with both of them being ranked in "Rolling Stone" magazine's list of the 500 greatest albums of all time.



Author Mark Beaumont met and interviewed Jay Z in 2009 and many quotes from that interview feature in this biography

\*Available December

Omnibus Press • H/B • Music



9781780383170 \$49.95

### Record Collector Rare Record Price Guide 2014 Edition

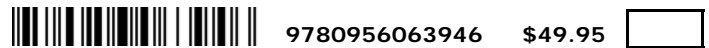


Includes over 100,000 entries and covers every musical genre from pop and rock to soul, blues, country, dance, jazz, folk and easy listening as well as specialist areas like punk, indie, metal, new wave, hip-hop, psychedelia, R&B, film soundtracks and original stage and radio recordings.

It is an A to Z guide to rare and collectable UK releases covering all genres with catalogue numbers, release dates and current mint values for every UK single, EP, CD single, LP and CD.

\*Available November

Omnibus Press • TPB • Music

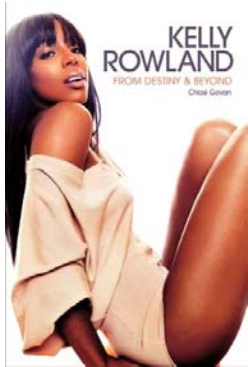


9780956063946 \$49.95

### Kelly Rowland: From Destiny & Beyond

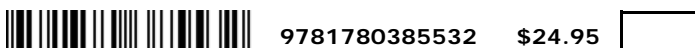
Govan, Chloe

This biography details her childhood strife as the only black girl in her school with an alcoholic - and then absent - father, life on the edge as a teenage R&B star in Destiny's Child, an ill-fated early solo career and finally finding success on her own, as well as taking centre stage as a judge on X-Factor.



It details the highs and lows of being in Destiny's Child, the cat-fights, the accusations of favouritism, the hours of training and the lowdown on life in what would soon become, according to the 2005 World Music Awards, the world's bestselling girl group of all time.

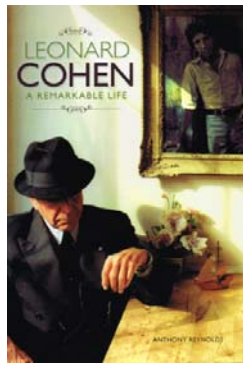
Omnibus Press • TPB • Music



9781780385532 \$24.95

### Remarkable Life of Leonard Cohen, The

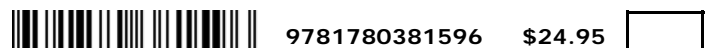
Reynolds, Anthony



Anthony Reynolds' fascinating and detailed biography draws on scores of new interviews conducted with Cohen's band members past and present, his business associates, editors, friends, fans, producers, colleagues, enemies and peers.

As well as their revealing accounts, the author has gained access to hours of previously unpublished interviews with Cohen as well as video archive recordings from several decades. The book also includes an authoritative summary of every Cohen album, with insights and recollections supplied from the musicians who appeared on the recordings.

Omnibus Press • TPB • Music

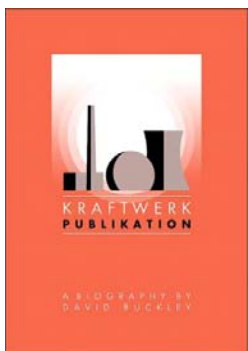


9781780381596 \$24.95

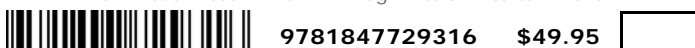
### Kraftwerk: Publikation: A Biography

Buckley, David

David Buckley examines the cult enigma that is Kraftwerk, including their beginnings in the avant-garde musical terrain of late-Sixties Germany and their Anglo-American breakthrough with Autobahn in 1975, as well as their astonishingly prescient work, which drew the musical template for techno, ambient, dance and all manner of electronic pop.

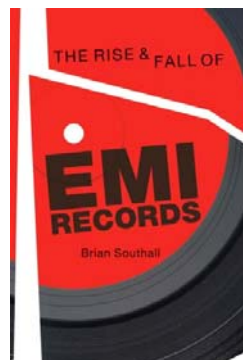


Omnibus Press • H/B • Biog: Arts & Entertainment



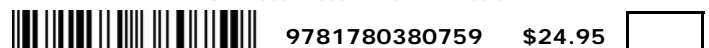
9781847729316 \$49.95

### Rise and Fall of EMI Records, The (Updated Edition)



This is the continuing saga of Britain's greatest music company as it faces an uncertain future under new ownership. Since 2009 EMI has broken new acts and sold millions of records BUT the massive debts incurred by its owners Terra Firma have finally taken it to the brink of a break-up. Music industry experts and executives, financiers and commentators plus artists' managers assess EMI's fortunes as the company celebrates its 80th birthday. Includes interviews with many key players including former EMI Group/EMI Music executives Sir Colin Southgate, Jim Fifield, Eric Nicoli, Tony Wadsworth, David Munns, Rupert Perry, Ray Cooper and Jon Webster. He has also interviewed many managers, music journalists, financial analysts and rival record company executives.

Omnibus Press • P/B • Music



9781780380759 \$24.95

## Ultimate Biography of the Bee Gees, The

Cooke, Hector



The bestselling definitive biography, now updated to include the tragic deaths of Maurice Gibb in February 2003 and Robin Gibb in May 2012. The Bee Gees' journey from Fifties child act to musical institution is one of pop's most turbulent legends. Barry, Maurice and Robin Gibb somehow managed to survive changing musical fashions and bitter personal feuds to create a musical partnership that lasted four times as long as The Beatles. Youthful delinquency, disastrous marriages, bitter lawsuits, gay sex scandals, serious drug problems and the death of younger brother Andy have sometimes made the personal lives of the Brothers Gibb look as bleak as the low spots of a career that once reduced them to playing the Batley Variety Club.

Omnibus Press • TPB • Music



9781780387406 \$24.95

